



# The Path Of The Shaman

Workshop Series – 294 N. Winooski Ave., Burlington VT.

**Course:** Igniting the inner wisdom of the shaman's way – Sarah Finlay & Peter Clark

**Time and Date:** June 19, 2010, 9am – 12pm

**Description:** In this introductory workshop, Sarah & Peter will teach you the techniques of shamanic active meditation, called journeying. Through this process, you will learn to expand past the conventional levels of ordinary reality and to understand the realms that lay just beyond our more limited levels of perception. From this expanded consciousness you will be able to engage non-physical energies that can help you elicit emotional, physical and spiritual healing, as well as provide insight into your life's path. In the workshop you will:

- Learn about shamanic cosmology & the transcendent power of drumming and rattling
- Journey to explore your Lower World Sacred Garden and find your Seat of Power
- Journey to meet a Power Animal spirit guide
- Journey to meet an Upper World teacher

Participants should bring a notebook, eye covering and blanket.

**Fee:** \$45.00 (check or money order, please make payable to Sarah Finlay or Peter Clark)

**Name:** \_\_\_\_\_

**Telephone:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Please mail this form to:** Sarah Finlay & Peter Clark, 78A Cady Hill Road, Stowe, VT 05672  
They can also be reached at either 802-253-7846 [sfinlay8@gmail.com](mailto:sfinlay8@gmail.com) or 802-456-8735 [peterclark13@gmail.com](mailto:peterclark13@gmail.com). Website: <http://shamansflame.com>

**This workshop is presented by RainWater Center, PO Box 251, Winooski VT 05404**  
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**Please note: RainWater Center supports and promotes shamanism as well as other alternative/complimentary health therapies but does not guarantee nor govern the subjects taught in these workshops nor suggests that these therapies are meant to replace traditional health practices. If you have any major health concerns or questions, you should contact your family doctor for advice before registering for this workshop.**